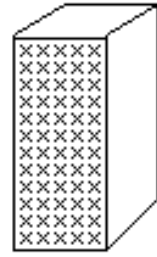


ANSSRDT NEWSLETTER



APRIL 2002

DATE OF OUR NEXT MEETING: April 27 and 28, 2002

DUES ARE DUE: If you can't attend the meeting please send in your \$10.00 dues as a cheque payable to ANSSRDT.

Our treasurer is: Laurie and Wilma Illsley, RR3 Lawrencetown, Annapolis County, NS, B0S 1M0

NEW LOCATION: Saturday Workshops: Nova Scotia Community College, Stellarton Campus
Directions Heading East: Take Exit 24 at New Glasgow and turn LEFT at the Stop sign at the end of the interchange (across from Heather Motel). Directions Heading West: Take Exit 24 and bear RIGHT, under the underpass, past Heather Motel.

Then Proceed along Foord Street to the second light (approx 3 Km), turn RIGHT at the light and follow Acadia Avenue to the top of the hill. NSCC, Stellarton Campus, is on your left. Parking is behind the building and the entrance is there. Proceed to the second floor, by the stairs inside the entrance or take the elevator, located straight down the hall. Follow Signs from there.

Sunday Meeting: Heather Hotel and Convention Centre

If 15 of us eat breakfast at the Heather on Sunday or we use 10 rooms then the meeting room is free. Rate is \$59 + tax for one bed, \$64 + tax for two beds. There is a block reserved under Ralph MacDonald's name.

HOTELS:

Heather Hotel, Foord Street, Stellarton, Visible from Hwy 104, take Exit 24, 1-800-565-4500

Comfort Inn, 740 Westville Road, New Glasgow, Hwy 104 Exit 23, 1-800-228-5150

Country Inn & Suites, 700 Westville Road, New Glasgow, Hwy 104, Exit 23, go north to Inn,
1-800-456-4000

SATURDAY SCHEDULE FOR SQUARE DANCE CALLERS

Having just returned from the 29th Annual Callerlab Convention in Richmond, Virginia, where the theme was Teaching is FUNdamental, Dottie and Vicky will share some highlights.

9:30 - 10:00	Set Up and Catch up Chat
10:00 - 11:00	New Community Dance Ideas Squares, Traditional, Contras, Mixers, Lines
11:00 - 12:00	Voice Refresher from Arden's Workshops Posture, Breathing and Quality
12:00 - 1:00	Lunch
1:00 - 2:00	Music Use Ideas Using Music Well, Use of Alternate Music
2:00 - 3:00	Marketing Ideas Talk the Talk, Multi-Cycle, Moving Up
3:00 - 4:00	After Party Fun Getting Ready Skit, Weird Choreo

SATURDAY SCHEDULE FOR ROUND DANCE CUERS

- 9:30 -10:00 Set Up and Catch up Chat
10:00 -12:00 A workshop on Salsa and a look at new records
(everyone is to bring at least one record that is currently being done or that you would like to see on everyone's program)
12:00 - 1:00 Lunch break
1:00 - 4:00 A mini preview of dances being taught at 2002 convention and a discussion on "our future role in ANSSRDT and MCCA".

SATURDAY EVENING SCHEDULE

- 6:00 **Turkey Dinner** (ticket required and now sold out)
Stellarton Legion Hall, McKay Street Stellarton
Take Exit 24 off Highway 104, Turn south towards Stellarton.
Follow Foord Street (Rte 374) to Acadia Avenue.
Turn Left and go one block to MacKay Street.
7:00 - 8:30 Toasting / Roasting Jack
8:30 - 10:30 **Highland Squares dance to honour Jack and Dolores MacArthur**
(ticket required and now sold out -- those with dinner tickets have a reserved dance ticket waiting for them.)

SUNDAY MORNING SCHEDULE

- 9:00 - 10:00 **Convention 2002 Update**
10:00 - 12:00 **ANSSRDT Business Meeting** including elections

FUN NIGHT AND COMMUNITY DANCE IDEAS from CALLERLAB

SOUND OFF SQUARE

Music: (try a March)

Couples 1 and 3 Circle left (8), then reverse to right (8), All Swing partner (8), Ladies to the Centre, Men walk around to right (8), Swing your own (8), Reach into the middle and clap 4 times starting with hands low and rising, Allemande Left (8) Grand Right and Left full around (16)

Repeat for Couples 2 and 4 with Ladies to the Centre
Repeat for Couples 1 and 3 with Gents to the Centre
Repeat for Couples 2 and 4 with Gents to the Centre

LADY ROUND THE LADY TRADITIONAL SQUARE

Music: Swanee River, Lloyd Shaw 521/522

Couple # 1 Lead to the right, Lady go round the lady, Gent go round the gent (lady lead between)
Gent go round the lady and lady go round the gent (lady lead again between #2)
Circle 4 half way round, #1 duck right thru,
Swing your lady round in the middle and take her on with you

Variations in cueing: She go round She, He go round He; Ma go round Ma, Pa go round Pa

FUN NIGHT AND COMMUNITY DANCE IDEAS from CALLERLAB

APPALACHIAN BASKET for 5 or 6 couples

Music: (Something with good buzz step group swing potential)

1-16 Allemande Left

Turn Partner Right full around, men into a star
Balance away from partner and toward partner

17-32 Men Star Left, Girls walk forward

Swing Partner ending with men facing in, Men join hands and arch

33-48 Lady go round behind her partner, then under arch to the left of her partner

Around man to her left and out under arch

Around another man and in under arch

Ladies circle left in the middle passing one more man

49-64 Ladies continue to hold hands and back out through arch, Men drop hands inside

Buzz step to the left (right foot in towards centre, left foot behind)

ONE LINE GO UP AND BACK

Setup: Normal Square

Couples #1 go down the middle and split 2 around 1 to a line

One line go up and back

Same four go forward, separate in couples around 1 and into the middle of a line

Possible Get Outs: Square Thru 3, Allemande Left

or Ladies Chain over and Back, Circle Left, Allemande Left, Pass One, Swing

NINE PIN

Setup: Normal Square with an extra lady or man in the middle

Use Circle Choreo for the outside

Circle Left, Allemande Left, Grand Right and Left etc

Sample choreo using the Nine Pin

Nine Pin turn man # 1 by the right and man # 3 by the left

Nine Pin Dosado lady # 2 and lady # 3

Then 5 Ladies or Men Circle left in the middle, Swing (lady or man leftover is new Nine Pin)

WIND AND WEAVE:

Setup: Four couples promenade toward Caller into line, face and back away.

Dosado, Left Dosado, Turn by Right Elbow, Turn by Left Elbow,

Lady # 1 U Turn Back, Man #1 chase her in Wind and Weave pattern

(around Lady # 2, across between Man # 2 & # 3, around man # 3 and
back across between lady # 3 & # 4, then around to the end)

Same two Circle Left Half ending with lady on lady's side and man on men's side.

Repeat for all ladies then repeat for all men (adjust the weave pattern).

FUN NIGHT AND COMMUNITY DANCE IDEAS from CALLERLAB

VENUS AND MARS STARS

Setup: Normal Square

Version 1:

Couple # 1 California Twirl

Couple # 2 Wheel in behind then # 3 then # 4

Gents Star Left, Ladies Star Right

Gents Step in behind your date, Walk Single File and don't be late

Lady # 1 lead ladies out to a Left-hand star, Gents keep going with a Right-hand star

Ladies step in behind your man, It's single file around again

Ladies step out and Back Track once around, Pass Partner,

Allemande Left, Grand Right and Left

Version 2:

Couple #1 Bow and Swing then Promenade inside the ring

When you're home face the Caller

Couple # 4 Wheel in behind, then Couple # 3 and finally Couple # 2 is last

Gents Star Left, Ladies Star Right, Turn the Stars twice tonight

Gents Step in behind your date, Walk Single File and don't be late

Gent #1 lead men out to a left-hand star, Ladies keep going where you are

Ladies Step in behind your man, it's single file around again

Gents turn in, skip your date, Allemande Left with corner mate

Swing your own and Promenade eight

KINGSTON FLYER

Setup: 6 couples with Ladies on caller's left and men on caller's right

Note: in order to complete the lead around, dancers must step out briskly with big steps.

1-16 Lady number 1 lead ladies around the men (16 steps so move it out)

17-32 Man number 1 lead men around the ladies (16 steps)

33-48 Couple number 1 sashay down and sashay back (8 down, 8 back)

49-56 Couple number 1 separate around to the foot of each line

57-64 Couple number 1 two hand turn once around

JEFFERSON AND LIBERTY CONTRA:

Setup: Proper contra with ladies on caller's left and men on caller's right

Sort into groups of 4, couple #1 at top and #2 below in each group

Circle Left (8), Circle Right (8), Star Right (8), Star Left (8)

#1's Go Down Outside own line (8 steps), Return to place (8 steps).

Go around one to a line of 4, Lines go Down (8), Lines Back Up (4),

Arch in the middle and Ends Duck Through and on to new groups of four (4)

When a couple has no one to dance with: turn around individually, rest one sequence, then switch numbers and start back the other way.

FUN NIGHT AND COMMUNITY DANCE IDEAS from CALLERLAB

SUMMERTIME DREAM PRIMER CONTRA by Jerry Helt

Setup: Alternate Duple (Couples 1, 3 and 5 crossed over)

Music: Summertime Dream, Chaparral

- 1-8 Ladies into the centre march down 8,
- 9-16 Turn and come back 8
- 17-24 Men into the centre and march down 8
- 25-32 Turn and come back 8
- 33-40 With partner march down 8
- 41-48 Turn alone and come back 8
- 49-56 Face partner, Pass Thru and Turn Alone
- 56-64 Men with lady on right Half Promenade

FOUR CORNERS WALTZ LINE DANCE

Music: Last Cheater's Waltz

All start with left foot,

- Cross 2, 3; Cross 2, 3 (two Twinkles)
- Repeat two Twinkles;;
- Forward Waltz Box;;
- Balance Left and Right;;
- Forward, 2, 3; Back and turn 2, 3; (towards left front corner, turning to left)
- Forward, 2, 3; Back and turn 2, 3; (towards left back corner, turning to left)
- Forward, 2, 3; Back and turn 2, 3; (towards right back corner, turning to left)
- Forward, 2, 3; Back and turn 2, 3; (towards right front corner, turning to face front)

LIGHTED SCONCE CIRCLE MIXER

Music: New Lloyd Shaw CD with Hammered Dulcimer

- 1-8 Circle Left
- 9-16 Lasso Girl around her partner
- 17-24 Circle Right
- 25-32 Lasso Girl around partner and a bit more to end girl in front of man
- 33-40 Push into Centre (4), Back out (4)
- 41-48 Dosado and go to the person on your left
- 49-56 Push into Centre (4), Back out (4)
- 57-64 Same two Circle left once around and put lady on the right

The ANSSRDT NEWSLETTER is the newsletter of the Association of Nova Scotia Square and Round Dance Teachers. Our intention is to publish twice a year. The opinions expressed are those of the authors and not necessarily those of the Association. Your comments and articles are encouraged. Please forward to: Dottie and Gary Welch, 415 Conrad Road, Lawrencetown, NS, B2Z 1S3, dwelch@orion.stmarys.ca, 902-435-4544